

## Mailing List Form

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Surname

First Name

Title   
(eg Mr, Dr, Ms)

Address

Tel No.

Mobile 1

Mobile 2

Email 1

Email 2

I wish to receive the newsletter and other correspondence via:

E-mail  Letter post

Signature

Date

Please fill out this form and return to:  
Cleft Lip & Palate Association of Ireland,  
c/o 4 Wolverson Glen, Dalkey, Co. Dublin.

## Your Involvement

The Association is entirely voluntary and we rely on new volunteers to ensure that the organisation continues to be relevant and successful. We welcome anybody with an interest who is prepared to give their time. No previous experience required! There's lots of ways to help, as a committee member (we meet 10 times a year), a fund raiser, a parent contact or somebody who helps with specific events such as our Family Day. We would be delighted to hear from you so please phone 087 131 9803 or email [info@cleft.ie](mailto:info@cleft.ie).

### DONATIONS

The ongoing activities of the Association require funding. Donations can be made by cheque/draft/postal order or by direct lodgments to the Association bank account or online via PayPal.

### DIRECT LODGEMENT

Donations can be made to the following bank account:-

- ▶ Branch: Bank of Ireland, St. Stephens Green, Dublin 2, Ireland.
- ▶ Account Name:  
Cleft Lip & Palate Association of Ireland Ltd  
Bank of Ireland, St Stephens Green, D2  
Sort Code **90-00-84** A/c No **5413 1735**

### BY CHEQUE / DRAFT / POSTAL ORDER

Cheques, drafts or postal orders can be sent to CLAPAI c/o 36 Woodlands Ave, Dunlaoghaire, Co. Dublin. Please include your address with your donation so that we can send you a receipt.

### DONATE ONLINE

PayPal is an online payment service that allows individuals and businesses to safely and securely make payments and money transfers electronically. PayPal securely processes donations for CLAPAI. You will find the link under Donations on our website.

### CHARITY TAX RELIEF

You can help the CLAPAI reclaim money from the Revenue Commissioners at no extra cost to you! If you are a PAYE only tax payer, and have given €250 or more to the CLAPAI in the course of a tax year, the Association can reclaim the tax paid on your donations.

Please provide your address details with all donations so that we can issue a receipt in line with good governance.

### TITLES IN THE SERIES:

1. *About the Cleft Lip and Palate Association of Ireland*
2. *What is Cleft Lip and Palate?*
3. *Questions and Answers for New Parents*
4. *Feeding Issues for New Parents*
5. *Speech and Hearing Concerns*
6. *The Genetics of Cleft Lip and Palate*
7. *Dental Health and Treatment*
8. *Surgical Treatment for Cleft Lip and Palate*
9. *Social and Psychological Aspects*
10. *Handout for Teachers and Carers*

Leaflets are available by post from the Association or can be downloaded from [www.cleft.ie](http://www.cleft.ie).

### ACKNOWLEDGEMENT:

The Association would like to thank the members of the cleft treatment teams and other health professionals for their valuable contributions. See [www.cleft.ie](http://www.cleft.ie) for the full acknowledgement and list of contributors.

### CONTACT DETAILS:

The Cleft Lip and Palate Association of Ireland  
C/o 36 Woodlands Ave, Dunlaoghaire, Co. Dublin.

Tel: 087 131 9803

E-mail: [info@cleft.ie](mailto:info@cleft.ie) Web: [www.cleft.ie](http://www.cleft.ie)

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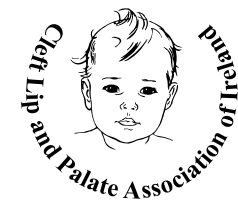
About the

## Cleft Lip and Palate Association of Ireland



December 2009

Leaflet No. 1



The Cleft Lip and Palate Association of Ireland,  
registered charity, is a limited liability company, No. 131497

## About the Association

The Cleft Lip and Palate Association of Ireland (CLAPAI) was inaugurated in 1981.

We are a voluntary group providing support and information for parents of children affected by cleft lip and palate and also to those directly affected by the condition.

CLAPAI provides support through talking to new parents and providing advice on a full range of topics at various stages such as – ante natal preparation, post natal including feeding issues, initial operations, ongoing outpatient services and social integration. The Association also gives parents an opportunity to network with other parents who have been through a similar experience.

CLAPAI run an annual Family Day for children and siblings. We also provide newsletters, web discussion forums and a facebook site for teenagers and adults affected by Cleft.

CLAPAI is a “Company Limited by Guarantee” and has been granted charity status by the Revenue Commissioners. Our accounts are lodged annually with the Companies Office in line with statutory regulations.

The Association is run by a voluntary committee made up of parents and adults who were born with cleft. The volunteers have a valuable perspective and can give practical advice and support.

Financially, we are totally reliant on fundraising activities and voluntary donations. As we don't have the expense of running an office or employing staff, all funds raised go directly to activities and services that benefit families affected by cleft.

## Achievements

CLAPAI is proud of its record of achievements over the years, including; -

- *Information and support for parents/patients*
- *Funding of vital equipment for hospitals*

- *Seminars involving parents and the medical profession*
- *Grants for medical staff and students to enhance knowledge*
- *Booklets and pamphlets*
- *Website and Online Discussion Forum*
- *Annual Family Day*
- *New Parents Information Pack (available in all maternity hospitals)*
- *Lectures to Student Nurses*

In addition, the Association has played a prominent role in the formulation and development of government and medical policy, with the result that medical services, which were very poor initially, are now vastly improved.

## Research and Training

The Cleft Lip and Palate Association of Ireland is committed to supporting research into the causes and treatment of oral clefts. The Association also actively supports and encourages education and training opportunities that go towards improving the care and treatment given to persons born with a cleft lip and/or palate.

## Information Evenings

**I**nformation evenings are organised where medical professionals involved in cleft treatment share their knowledge with parents and those born with a cleft.

CLAPAI also hosts informal evenings for new parents where they are afforded the opportunity to share with one another their thoughts and fears and to rid any sense of isolation. Open discussion is encouraged on all topics that affect the children and their families. Parents / guardians, grandparents and friends are all welcome. We hope that everyone will benefit, even if it is just to feel that you are not alone.

## Education

The Association regularly addresses gatherings from the health professions, helping to create an awareness of cleft lip and palate amongst those in the frontline of medical care.

## Publications

The Association has also produced a series of pamphlets covering individual aspects of cleft lip and palate, such as feeding, genetics and treatment.

The Association publishes four newsletters per annum, and these are available either by post or e-mail subscription.

## Maternity Packs

In January 2008, CLAPAI launched a maternity pack which is specifically designed for parents to receive in hospital. The pack contains information on different feeding options and other practical advice. The pack is available through all maternity hospitals.

## Website: [www.cleft.ie](http://www.cleft.ie)



In October 2000, the Association launched its website. It offers an invaluable knowledge base on all cleft related matters. Sections include Cleft Research, Feeding, Hearing, Orthodontics, Speech, Treatment Centres etc. Leaflets and Newsletters are available to download.



Association news and events are also posted on the Home Page.



Discussion Forums have been available since 2003. This service provides an opportunity to express feelings, joys, concerns and apprehensions. It allows experiences to be shared by families who are affected by cleft. Since its launch many common questions and answers have been discussed. Our feedback is that this is a valuable source of information for new parents.

CLAPAI also has an active presence on Facebook. The website also offers online email subscriptions, RSS feeds and online podcasts. There's something for everybody no matter how little or how much technology you know!

## Mailing List



Adding your name to our mailing list ensures that you are kept notified of Association events and activities and on cleft-related matters in general. You will receive our quarterly newsletter and notification of information evenings as well as other events and meetings organised by the Association.

To join our free mailing list, simply complete and return the attached form. Alternatively, you may fill in the online form or download a printable version from our website.



### PRIVACY STATEMENT

The Cleft Lip and Palate Association of Ireland (CLAPAI) is committed to maintaining the privacy of those who furnish personal details to the Association. Personal information where provided is only used to improve the services CLAPAI offers to you, or to contact you regarding matters of the Association. Please do not furnish any information to the Association which you do not want held on record. Personal information furnished to CLAPAI is held in strict confidence and is not made available to third parties.